

## WEEK 1 MENU

WEEKS: 01,09, 22/09, 13/10, 10/11, 01/12, 05/01, 26/01, 16/02, 16/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <sup>st</sup> CHOICE	Homemade macaroni cheese served with Homemade tomato bread & roasted Mediterranean vegetables (V)	Cheese & potato Pie served with, carrots, cauliflower And gravy (V)	Cauliflower & chickpea Tikka served with rice, naan bread fingers & seasonal vegetables (V)	Minty crispy topped Shepherdess's Pie served with Seasonal vegetable (VE)	Vegetable nuggets served with chips, garden peas or baked beans & ketchup (VE)
2 <sup>nd</sup> CHOICE	Marinated Chicken & baby potato tray bake Served With Homemade Tomato Bread & Roasted Mediterranean vegetables	Minty crispy topped Shepherd's Pie served with Seasonal vegetable	Chicken Tikka pizza served with baked potato wedges, peas & sweetcorn	Roast Chicken served with Potatoes, Yorkshire pudding, carrots, cauliflower And gravy	Fish fingers or salmon fish fingers served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad (VE)	Jacket potato with beans (VE) & cheese (V) served with Fresh salad	Jacket potato with beans (VE) & cheese (V) served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad (V)	Jacket potato with beans (VE) & cheese (V) served with Fresh salad

Making lunchtime the highlight of your day

## LUNCHTIME C.ºº

## WEEK 2 MENU

WEEKS: 08/09, 29/09, 20/10, 17/11, 08/12, 12/01, 02/02, 02/03, 23/03



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn (V)	Golden baked falafel in a pitta bread served with garlic mayonnaise & warm cous cous salad (V)	Sticky Asian Powerballs served with egg fried vegetable Rice (V)	Crispy Topped baked lentil Roast served with roast potatoes, carrots, broccoli, Yorkshire pudding and gravy (V)	Cheese, onion & mixed Pepper flakey pastry roll served with chips, garden peas or baked beans & ketchup (V)
Chicken Tikka wholemeal pizza served with baked potato wedges, peas & sweetcorn	Greek Style chicken shawarma in a pitta bread served with warm cous cous	Homemade beef lasagne served with wholemeal garlic & herb bread, fresh salad	Roast turkey served with roast Potatoes, carrots, broccoli, Yorkshire pudding and gravy	Breaded fish fillet served with chips, garden peas or baked beans & ketchup
Pasta twists with Homemade tomato and vegetable sauce served with fresh salad (VE)	Jacket potato with beans (VE) & cheese (V) served with Fresh salad	Jacket potato with beans (VE) & cheese (V) served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad (V)	Jacket potato with beans (VE) & cheese (V) served with Fresh salad
Choose One of Our Fabulous Desserts Strawberry mousse with Mixed Berry compote Fruity jelly Fresh fruit pot	Choose One of Our Fabulous Desserts Jam roly poly Fruit yogurt & coulis Fresh fruit pot	Choose One of Our Fabulous Desserts Sticky pineapple Cake Fruity jelly Fresh fruit pot	Choose One of Our Fabulous Desserts Lemon cake Fruit yogurt & coulis Fresh fruit pot	Choose One of Our Fabulous Desserts Chocolate Brownie Fruity jelly Fresh fruit pot
	Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn (V)Chicken Tikka wholemeal pizza served with baked potato wedges, peas & sweetcornPasta twists with Homemade tomato and vegetable sauce served with fresh salad (VE)Choose One of Our Fabulous Desserts Strawberry mousse with Mixed Berry compote Fruity jelly	Margherita wholemeal pizza ucvGolden baked falafi bated served with salad uvWBarlie mayonnaise & sance uvWWMicken Tikka wholemeal pizza served with baked potato wedges, peas & sweetcornGreek Style chicken shawarma in a pitta bread served with warm cous cousMargherita wholemeal pizza served with baked potato wedges, peas & sweetcornGreek Style chicken shawarma in a pitta bread served with warm cous cousMargherita based potato wedges, peas & sweetcornJacket potato wedges, bread served with warm cous cousMargherita based potato wedges, peas & sweetcornJacket potato with beans (VE) & bease (V) served with Fresh salad (VE)Margherita babilous Desserts based berry compote Fruity jellyKhoose One of Otr Fabulous Desserts Jam roly poly Fuit yogurt & coulis	Margherita wholemeal pizza peas & sweetcorn (V)Golden baked falafe futib bread served with strib mayonnaise & warn cous cous salad (V)Sticky Asian Powerballs served with egg fried vegetable Rice (V)Chicken Tikka wholemeal pizza served with backed potato wedges, peas & sweetcornGreek Style chicken shawarma in a pitta bread served with warm cous cousHomemade beef lasagne served with wholemeal garlic & herb bread, fresh saladMargherita warm cous cousJacket potato with beans (VE) & cheese (V) served with Fresh saladJacket potato with beans (VE) & cheese (V) served with Fresh saladMargherita warm cous cousJacket potato with beans (VE) & cheese (V) served with Fresh saladJacket potato with beans (VE) & cheese (V) served with Fresh saladChoose One of Orr Fabulous Desserts Jam roly poly Fruity jelyChoose One of Our Fabulous Desserts Jam roly poly Fruit yogurt & cousisChoose One of Our Fabulous Desserts Lam roly poly Fruity jely	Margherita wholemeal pizza served with baked potato wedges, pexGoden baked falafel n pitta bread served with sarle mayonnaise & consus salad (v)Stoky Asian Powerballs served with egg frid egg frid

Key: Vegetarian (V), Vegan (VE)

Making lunchtime the highlight of your day



## WEEK 3 MENU

WEEKS: 15/09, 06/10, 03/11, 24/11, 15/12, 19/01, 09/02, 09/03



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <sup>st</sup> CHOICE	Cheese & tomato Swirl served with savoury vegetable Rice (v)	Jerk sweet potato & black bean served with Rice & Bean Stew (V)	Chefs special moussaka served with wholemeal garlic & herb bread, Seasonal vegetable (V)	Herby quorn Sausage roast served with mashed potatoes, carrots, cabbage, Yorkshire pudding and Gravy (V)	Crispy seaside fingers served with chips, garden peas or baked beans & ketchup (VE)
2 <sup>nd</sup> CHOICE	Chinese Chicken served with noodles & stir fry vegetables	Jerk marinated chicken thigh served with rice & beans	Beef bolognese served with spaghetti, wholemeal garlic & herb bread, Seasonal vegetable	Sausage Roast served with mashed Potatoes, carrots, cabbage, Yorkshire pudding and gravy	Fish & vegetable rice bowl served with homemade crusty vegetable & salad
PASTA & JACKETS	Pasta twists with Homemade tomato and vegetable sauce served with fresh salad (VE)	Jacket potato with beans (VE) & cheese (V) served with Fresh salad	Jacket potato with beans (VE) & cheese (V) served with Fresh salad	Pasta twists with cheddar cheese sauce with fresh salad (V)	Jacket potato with beans (VE) & cheese (V) served with Fresh salad
DESSERTS	Choose One of Our Fabulous Desserts Sprinkle cookie Fruity jelly Fresh fruit pot	Choose One of Our Fabulous Desserts Syrup Sponge Fruit yogurt & coulis Fresh fruit pot	Choose One of Our Fabulous Desserts Chocolate mousse with orange wedge Fruity jelly Fresh fruit pot	Choose One of Our Fabulous Desserts Carrot Cake Fruit yogurt & coulis Fresh fruit pot	Choose One of Our Fabulous Desserts Victoria Sponge Fruity jelly Fresh fruit pot
	symbols are pr	ovided to highlight if the Key: Vegetarian	dishes are Vegetarian or V	/egan friendly	

Making lunchtime the highlight of your day