

School Plates Awards

Nudging positive behaviours, meat-reduction & plant-based promotion



How to Achieve a Bronze Award



- Descriptive (and / or child-friendly) language
- Avoid using meat-free, meatless, fish-free, fishless, dairy-free, vegetarian or vegan when describing any plant-rich dish or day.
- Use (v) and (ve) - or other symbols - as identifiers
- Avoid separating 'Main' & 'Vegetarian' into categories
- One plant-rich (meat and fish-free) day each week
- Blend any chosen plants into a minimum of 1 sauce a week
- Complete the rainbow plants checklist and Awards Survey
- Have a daily plant-based or plant-rich option, with at least 50% hot meal options
- Download a resource from the Canteen to Classroom Education Programme



Moving up to your Silver Award

- Describe **Plant-rich days** as 'Planet-Friendly', 'Climate-Friendly', 'Tasty Plant Day' or similar and use 'School Favourite', 'Dish of the Day', 'Chef Special', 'Mr James' favourite dish' or similar, for plant-based* dishes.
- **Position** vegetarian or plant-based options at the **top of the menu** on at least 50% of days
- Present **well-varied** 'meat or fish' and 'plant-based or plant-rich' options
- **Blend** all dishes made with **beef or lamb** (mince or diced meat) with at least **25% blended plant protein**
- **Add beans and lentils** to meat and V/VE dishes/sauces for 2 dishes per week
- Include at least one **School Plates recipe** low carbon rated, whole-food, plant-based dish each week
- Complete the **rainbow plants checklist** and **Awards Survey**
- In-person and online **training and taste-testing**
- **Display a poster** promoting the plant-rich day, 'Planet-Friendly / Climate Day / Tasty Plant Day'
- Introduce and **share The Canteen to Classroom Programme** with all schools and schools/ climate advisors